

INVESTING IN *Readiness*



www.BeReadySRV.org

FACTS ABOUT PREPAREDNESS

There are many different types of emergencies; from a simple power failure to more serious incidents such as earthquakes, floods or fires. These emergencies, small or large, seldom give warning and can be devastating to their victims. Emergencies can force you to evacuate your neighborhood or confine you to your home.

What would you do if basic services – water, gas, electricity or telephones – were cut off? Most disasters will keep local officials busy for at least 3 – 7 days before additional support arrives. Families and communities can and do cope with emergencies by preparing in advance and working together as a team.

WHERE DO YOU START?

Each household must commit time to assemble an emergency kit. On the backside of this form, you will find a checklist for a basic kit. Please take time to review it and begin your planning. The home kit should provide supplies and equipment needed by the family for more than 7 days. Additional kits in your car and at work should have enough supplies to last until you can reunite with your family.

THE KEY IS PLANNING

The key to surviving any emergency or disaster situation is planning. Create a Family Emergency Plan with your household members. Here are some suggestions:

- Attend a Personal Emergency Preparedness (PEP) or Community Emergency Response Team (CERT) class
- Document emergency contact numbers and place them in your wallet, purse or backpack
- To report emergencies, dial 925-838-6691 on your cell phone, instead of 9-1-1
- Identify escape routes and possible hazards in your home
- Consider any special or medical needs for your family
- Learn how to take care of your pets in an emergency

BE INFORMED

Get up-to-date information, during an emergency, by tuning your battery-powered or hand-crank radio to:

AM 740 KCBS

AM 810 KGO

AM 680 KNBR

AM 1610 Local SRV Station

FM 106.9 KCBS

FM 92.1 KKDV

FM 101.7 KKIQ

SRV Fire: 838-6600
www.firedepartment.org

SRVUSD: 824-1878
www.srvusd.net

San Ramon: 973-2773
www.sanramon.ca.gov

Danville: 314-3368
www.danville.ca.gov

Emergency Supply Checklist

<p>Planning</p>	<ul style="list-style-type: none"> • Develop a Home Emergency Plan for your family, including pets. • Record personal and emergency contact numbers (e.g., family, doctors). • Retain current photos of all family members and pets. • Complete a CPR, AED or First Aid class. • Have a family meeting regarding emergency preparedness.
<p>Seeing and Hearing</p>	<ul style="list-style-type: none"> • Flashlight with batteries. • Hearing aid with batteries. • Battery-powered or hand-crank radio. • Extra batteries & bulbs. • Extra pair of prescription glasses.
<p>Medication and Sanitation</p>	<ul style="list-style-type: none"> • First Aid Kit and prescription medication for at least 7 days. • Personal hygiene items. • Plastic garbage bags, chlorine bleach and shovel for personal waste. • Zip-lock bags.
<p>Food and Water</p>	<ul style="list-style-type: none"> • Non-perishable food for at least 7 days. • ½ - pound per person per day of: dried fruit, nonfat dry milk, MRE's, canned fruits & vegetables, food bars, nuts, graham crackers, baby and pet food. • Manual can opener, cups and utensils. • Cooking tools: camp stove or grill, pots, fuel, charcoal, matches. • 2 gallons of water per person per day (think: additional water for pets). <p>FOOD TIP: Use refrigerator food first, freezer second, shelf food third and emergency supply food last.</p> <p>WATER TIPS: Boiling is the safest way to treat water. Boil for 1-minute. Cool before drinking. If unable to boil, add ¼ teaspoon of chlorine bleach to each gallon of water. Shake or stir, then let stand 30 minutes. A slight chlorine taste and smell is normal.</p> <p>ALTERNATE SOURCES OF WATER: Water heaters, water in the toilet tank reservoir, swimming pools should be used for washing surfaces, cleaning tools and hygiene.</p>
<p>Safety Equipment</p>	<ul style="list-style-type: none"> • Fire extinguisher (ABC type). • Gas and water shutoff tools. • 30-36" crow bar for search and rescue. • Whistle: Blow if trapped or threatened. • Thick work gloves, pocket knife, duct tape.
<p>Misc.</p>	<ul style="list-style-type: none"> • Cash money, including a roll of quarters. • Keep important papers together and accessible. • Set of warm clothing, closed-toe sturdy shoes. • Blankets/sleeping bag, rain gear, tarp, tent, 50' rope, eye protection. • Extra keys and local maps. • Consider storing pictures and documents on an password-protected flash drive or virtual cloud.
<p>Storage</p>	<ul style="list-style-type: none"> • Protect emergency supplies from weather exposure by placing them in plastic bags & sturdy barrels. • Store emergency supplies in an outside storage area, closet, garage or safe place. • Have a bag/suitcase/boxes on hand to carry items if evacuation is needed.
<p>Car and Work</p>	<ul style="list-style-type: none"> • Non-perishable food. • First aid kit . • Money (small bills, quarters). • Snap light, fire extinguisher. • Extra pair of closed-toed shoes. • Water • Radio, flashlight, batteries • Scissors or knife • Keep car fuel gauge above half full

Check and refresh perishable food supply items every six months.